What is your client trying to tell you?

Applying for the VAPP Introduction to Psychoanalytic Psychotherapy Course

Click on introductory course, webpage, go to training and education tab and read all fees can be found on the VAPP Application forms as well as information on the Introductory course committee. All applicants are interviewed by members of the Introducory course committee. Relevant tertiary qualifications are essential. Experience in clinical work. Applicants are invited from professionals interested in developing their understanding of psychoanalytic psychotherapy and currently engaged in clinical work. Applicants are invited from professionals interested in developing their understanding of psychoanalytic psychotherapy and currently engaged in clinical work. 

Psychoanalytic Psychotherapists Victorian Association of Psychoanalytic Psychotherapy
THE COURSE EXPERIENCE

Reading groups, seminars, and/or supervision provide opportunities for in-depth discussion and writing. These opportunities support the learning process and encourage participants to reflect on their own experiences. The course is not a requirement for the seminar, but it provides a platform for engaging with the material and developing therapeutic skills.

THEORETICAL FRAMEWORK

This course introduces participants to the core concepts of psychoanalytic therapy. It emphasizes the importance of understanding the unconscious mind and exploring the therapeutic relationship. Through a combination of lectures and discussions, participants will develop an understanding of the theoretical foundations of psychoanalytic therapy and their application in clinical practice.

OPPORTUNITIES AFTER COMPLETING THE COURSE

The course provides a foundation for further study in psychoanalytic therapy. Participants are encouraged to pursue additional training in psychoanalytic techniques and to develop their own therapeutic style. This course is suitable for those wishing to pursue advanced training in psychoanalytic therapy or for those interested in exploring the theoretical and practical aspects of psychoanalytic therapy.

THE SEMINARS

Seminar Leaders:

The seminar is led by experienced psychoanalytic therapists with a diverse range of clinical and research interests. The seminar is designed to provide a platform for engaging with the material and developing therapeutic skills. The seminar is conducted in a supportive and reflective environment, where participants can explore their own therapeutic practices and develop their clinical skills.

PSYCHOANALYTIC PSYCHOTHERAPY COURSE

The course aims to:

- introduce participants to the fundamental concepts of psychoanalytic therapy
- develop participants' understanding of the therapeutic relationship
- encourage participants to explore the theoretical foundations of psychoanalytic therapy
- provide opportunities for participants to develop their own therapeutic style

The course structure is divided into three key areas of study:

Course Structure

1. The Course Experience
   - Introduction to the theoretical framework
   - Development of therapeutic skills
   - Exploration of clinical practice

2. The Seminars
   - Introduction to psychoanalytic therapy
   - Development of therapeutic skills
   - Exploration of clinical practice

3. Opportunities After Completing the Course
   - Further study in psychoanalytic therapy
   - Development of therapeutic style
   - Exploration of clinical practice

The course provides a comprehensive introduction to the theoretical and practical aspects of psychoanalytic therapy. It is suitable for those wishing to pursue advanced training in psychoanalytic therapy or for those interested in exploring the theoretical and practical aspects of psychoanalytic therapy.